

## Gifted Kids

What I am finding in today society, is that more and more children are staying open or “awake” as we call it in the spiritual world. Kids are showing more signs of being intuitive and tapping into their spirituality or the collective/universal energy.

Intuitive or spiritual children process things differently, for parents, it can seem confusing. But once you understand what to look for, or understand how their mind and body works, both energetically and spiritually, it will be so much easier to help them lead normal functioning lives with less restrictions.

While these abilities may look different in each child, there are some commonalities:

- Is your child highly sensitive, emotional, or experience mood changes?
- Is she/he imaginative or very creative?
- Does your child react to or form an opinion about new people or strangers?
- Is she/he affected by crowds, or noisy places?
- Does she/he sometimes say she’s been to a place before, even though you know she/he hasn’t?
- Does she/he have an imaginary friend?
- Does your child hear voices?
- Does she/he have a deep knowledge of family history, and you’re not sure how?
- Does your child say they see ghosts?
- Does she/he have heightened senses, hear, smell or sight?
- Does your child feel calm around nature or animals?
- Does your child have a deep sense of wanting to “help” maybe even heal?
- Can your child see energy fields, auras or colour around other living things?
- Does your child speak of dreams like they were real?
- Does your child know certain parts of history even though they have never been taught it?
- Does your child have a hard time functioning at a similar pace within their age group?

If you are seeing these signs with your child, your child has remained open, to their abilities that were given to them at birth. Some, they may have carried forward from past lives. It is believed we are all born gifted but as we age, our “light” starts to dim. Life’s hits start to take over and lower our vibration. Usually around the age of 6-7 maybe even 8, we start to shut down to our abilities.

In the past most would stay “shut down” but what we are seeing with society and access to so much more information on the internet, in movies and games our children are being desensitized. These normal “hits” that would slowly stiffly our vibration are no longer effecting children in a way it used to. So now we have more and more children in an awoken state, who have no idea how to function living and absorbing life with their intuition.

## **Development**

As always, the more we use something the more we develop our skills, same go's for spiritual abilities. If a child does not lose their vibration, they are in a constant state of growth, developing as they grow. Their abilities may become stronger or change and may even evolve into new ones using all abilities simultaneously. Once a child or anyone for that matter begins to open up to their intuitive abilities or spirituality they will grow. So, it would not be unheard of to see them develop new things over time.

For example, your child maybe able to see spirit, and over time they start to acknowledge spirit, opening up to the idea. That is growth, eventually they may not only be able to see them, but can now hear them as well. Awaken, opening up and engaging.

Frequency and Dimensions Explained:

Frequency = Vibration

If you are running at a 3<sup>rd</sup> Frequency, you will be able to access the 3<sup>rd</sup> D (Dimension) as every human/ person should experience.

If you are running at a 5<sup>th</sup> Frequency, you will be able to access the 5<sup>th</sup> D (Dimension), Spirit World

So, on and so forth, the higher your vibration is the higher dimensions you will reach.

## Some of the core abilities

### 1. **Empath:**

Being an empath is intuitive feeling, filtering the world through their intuition. A child feels everything, they can pick up energy from a crowd, at the grocery store, in a hectic classroom. Empaths may also have the ability to hold an object in their hand, and to tell you about its history.

### 2. **Clair-audio:**

Intuitive hearing. If your child is a clairaudient, their sense of hearing could be heightened, and maybe even sensitive. They may hear spirit, music, talking, what may sound like a radio or tv playing, angels or other entities. They can also be set off with loud noises, making them very jumpy or uncomfortable.

### 3. **Clairvoyance:**

Intuitive seeing. If your child is clairvoyant, they will be able to see what they may consider “pictures or movies” in their head. Depending on the vibration your child is running at, they maybe able to see with their physical eye, as if things are right in front of them. Easily describing spirit, or events things they may witness in their minds eye. As a clairvoyant they also may be able to perform **Remote viewing** the ability to see things that are far away, as if you were there in person.

### 4. **Mediumship:**

Is the ability to communicate with spirit, those who've departed, or other entities. If your child is a medium they may have many “imaginary” friends. It can be very overwhelming for anyone when you are being contacted by spirit, reaching higher frequencies and dimensions, tapping into the spirit world. Please find support or speak to your child openly, about what they are experiencing when dealing with spirit. They need to feel safe, and know that they are not alone in seeing and feeling spirit.

### **Channeling Spirit:**

Is receiving messages from another spirit or entity. If your child is Channeling it can be a very scary experience, as your child is no longer speaking as self. Your child will absorb spirit and allow them to use their body as an outlet. When they are channeling they can speak, use

automatic writing, sing or draw the messages they are being used to relay.

5. **Astral Project or Lucid Dream:**

Kids who astral project or lucid dream are able to move their consciousness, along with their energy body to different places or dimensions, while their bodies stay put. Astral projection or lucid dreaming can also be related to shape shifting, traveling across time (past or future) or spaces (Homes or Countries)

6. **Energy Healing or Medical Intuitive:**

The ability to use energy to heal via hands or distance. Connected to source energy, if your child is an energy healer, they can find the exact area that aches without being shown or told. They also may be able to sense illness or stress energy in the body and may feel the ailments within themselves. They can be healers of unconventional ailments, things that doctors can not diagnose or find.

As a parent or caregiver, the more you know about what intuitive and spiritual gifts are, what stumbling blocks your child may encounter, and how the energy of the universe works with or against them, the more you can support your child.

Once you become open to the possibility or reality of what is happening, you can support your child better in their evolution process (growth or awakening). As you explore the ideas of intuitive nature and spirituality, the better equipped you will be to help guide them and accept them for who they are.

Showing understanding and embracing their gift/s is so important, we do not want them to feel alone, different or misunderstood. Being a gifted child can bring many ailments and disruptive behaviours, if they are not supported. We do not want them to ever feel alone or different because they see the world through an intuitive lens.

Written by: Shelly Wolfe

[www.spirithealing.ca](http://www.spirithealing.ca)